

CARE ESSENTIALS

(Education for Caregivers of a Person with Dementia in the Middle Stages)



A First Link Learning Series for families and care partners of persons with dementia

Dates: October 21, 28, November 4, 18, 2015

Wednesdays: 10:00 am to 12:00 pm

Alzheimer Society of Brant Location:

6 Bell Lane, Suite 701, Brantford

This 4-week learning series follows Dementia Education. Care **Essentials** will focus on the middle stage of Alzheimer's disease and related dementias. We will discuss topics including: communication strategies, activities of daily living, how to manage responsive behaviours, safety and security of Care Essentials the home environment, and caring for the caregiver.

Session Topics

- What to Expect: The Progression of Dementia
- Understanding and Managing the Behavioural Symptoms of **Dementia in the Middle Stages**
- **Enhancing the Abilities of Persons with Dementia**
- **Self-Care for Caregivers: Assessing and Accessing Support**

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To Register, please contact: 519-759-7692 This Learning Series is FREE of charge ~SPACE IS LIMITED~



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