



NEENAH NAVASERO NEUROREHABILITATION

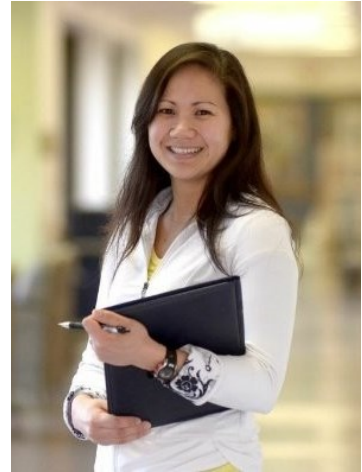
Neenah Navasero completed her Physiotherapy degree at McMaster University. She is the founder of this neuro-specialized physiotherapy business that caters to individuals in the environments that matter most to them.

She started her career at Grand River Sports Medicine Centre then transitioned into rehabilitation at Hamilton Health Sciences (HHS), working on both the Acquired Brain Injury Unit at the Regional Rehabilitation Center and the Restorative Care/Integrated Stroke Program at St. Peter's Hospital. She also served in leadership as Physiotherapy Practice Council Chair in 2016-2017 for HHS corporation.

Throughout her career she has been committed to evidenced-based practice, continuing education and life long learning with extensive post-graduate training in neurological & orthopedic physiotherapy and applied mindfulness.

Neenah's main passion lies in working together with individuals to successfully achieve their physical and functional goals, allowing them to return to participating in their lives in meaningful ways.

In her free time she enjoys playing and coaching ultimate Frisbee and baking sourdough bread!



Neenah Navasero PT, MScPT, MScCHEM



SERVICE AREA MAP



NEENAH
NAVASERO
NEUROREHABILITATION

Hamilton ON

M: 365-888-6336

E: neenah.physio@gmail.com

www.linkedin.com/in/neenah/

www.linkedin.com/company/neenah-navasero-neurorehab/

AREAS OF PRACTICE

Brain injury, stroke, spinal cord injury, complex orthopedic injuries (fractures, soft tissue injuries, amputees, post-surgical), multiple sclerosis, Parkinson's disease, Guillain-Barre syndrome, peripheral nerve injuries, other neurological and orthopedic disorders.

SERVICES

In-Home Physiotherapy Assessments & Treatment

Functional retraining to maximize independence in home, work or community environments

Neuro-Developmental Treatment (NDT) approaches to assessment and treatment

Gait, Balance & Activity retraining

Spasticity Management

Therapeutic exercise prescription

Soft tissue techniques and joint mobilizations

Hydrotherapy in home or community pool

Return to fitness (education, consultation and monitoring)

ADP Authorization (mobility aids — walkers, rollators)