

## Our Goal

Good Shepherd is committed to helping youth who are street-involved or homeless due to family violence, conflict, abuse, neglect, poverty, and mental health and addiction issues.

Our goal is to assist at-risk youth during a vulnerable time in their lives to ensure that they have the support they need to overcome obstacles and become contributing members of our community.

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"I came to Notre Dame House because I didn't have anywhere else to go. I had slept at friends' houses and on the street a few times and I was really scared. Having a bed to sleep in while I got my life back together, made a big difference and with Good Shepherd's help I was able to find my own place."

*Devin, 18*

"Things at home were really bad when my mom kicked me out of the house. My guidance counsellor at school contacted Notre Dame to ask if there was anything they could do. They met with me, then with my mom and me together. We worked things out and I was able to go back home."

*Jessica, 16*

For more information, please contact:

**Good Shepherd Notre Dame House**  
14 Cannon Street West, Hamilton ON L8R 2B3  
Phone: 905-308-8090

**Good Shepherd Notre Dame House School**  
138 James Street North, Hamilton ON L8R 2K7  
Phone: 905-308-8090 x244

goodshepherdcentres.ca  
facebook.com/goodshepherdhamilton  
twitter.com/goodshepherdham

## *What does it mean to have* **Faith in People**

It means seeing the whole person. Hearing the warmth in their voice, not just the despair. Recognizing that everyone is a mother, a father, a son or a daughter. We see potential and promise where others don't.

For those we serve at Good Shepherd, our faith in people means all of this. It also means helping people discover their faith in themselves.

Our services depend on the support of people who share our vision. There are lots of different ways to get involved – from volunteering your time and talent, donating food and clothing, to making a financial donation. To find out more, please contact us or visit our website.

**Good Shepherd Development Office**  
10 Delaware Avenue, PO Box 1003  
Hamilton ON L8N 3R1  
905.572.6435 (905.57.ANGEL)  
goodshepherdcentres.ca

 **Good Shepherd**  
Faith in people.  
Charitable Registration # 13063 6798 RR0001

*Good Shepherd Youth Services*

# Notre Dame House & School



 **Good Shepherd**  
Faith in people.

# Good Shepherd Youth Services

*We inspire youth to dream,  
hope and achieve and we  
strengthen community  
by believing that  
no youth stands alone.*



## Notre Dame House & Community Resource Centre

Youth face many challenges on their journey to adulthood. When confronted with abuse, neglect and homelessness, they are at risk of becoming stuck in an inescapable cycle of poverty. Good Shepherd Youth Services is always ready to welcome them.

**Notre Dame House**, located in downtown Hamilton, is a co-ed emergency shelter for homeless and street-involved youth from 16 to 21 years of age.

Through the **Notre Dame Community Resource Centre**, at-risk youth have access to a variety of outreach support services – and they don't need to be staying at Notre Dame House to use them. The

services include support, counselling and advocacy to help the youths transition to a more stable lifestyle.

## Notre Dame House School

**Notre Dame House School**, an alternative learning environment operated in partnership with the Hamilton-Wentworth Catholic District School Board, helps to break barriers for students who are affected by homelessness, poverty, family breakdown and mental illness. Students can attend the school for a brief period then reintegrate into a mainstream high school, or they can complete their high school credits at Notre Dame House School. Good Shepherd hosts an annual graduation ceremony for students who have earned their high school diploma.



## Our Services

### *Notre Dame House on-site services:*

- 24-hour Staff Support
- Care Coordination
- Mental Health Care & Service Coordination
- Medical Clinic  
*(Doctor & Nurse Practitioner)*
- Sexual Health Clinic
- Addictions Support
- Youth Housing Support & Ontario Works Support
- Youth Trustee
- Life Skills Programming  
*(Skills for Life)*
- Meals *(Lunch & Dinner)*
- Laundry & Phone Services
- Identification Support
- Clothing & Household Items
- Early Diversion & Family Mediation

### *Notre Dame House School services:*

- All-day classes including phys ed
- A choice of courses required by the Ontario Ministry of Education
- Independent Learning Centre
- Opportunities for participation in Co-op Education & Ontario Youth Apprenticeship Program