

What is the Respite Companion Program?

This program provides an in-home Respite Companion for persons living with Alzheimer's or other progressive dementia and their care partners. Respite Companions are trained to provide activities, tailored to the clients' interests.

Regular scheduled visits aim to provide stimulation to enrich lives through social connection. We believe it is important for care partners to be able to step away from this role on a regular basis. This program provides opportunities for the care partner to use the time away from their role, to focus on other tasks or take time for themselves.



Other Seniors Community Programs

- Adult Day Program
- Healthy, Safe and Strong Exercise Program
- Outreach Services
- Niagara Gatekeepers
- South Niagara Health and Wellness Centre
- Virtual Wellness Services
- Assisted Living

Seniors Community Programs

Niagara Region, Campbell East
1815 Sir Isaac Brock Way, PO Box 344
Thorold, ON L2V 3Z3

Office Hours: Monday - Friday
8:30 a.m. - 4:30 p.m.

905-984-2621
or toll free 1-877-212-3922

Program funding is supported
through Ontario Health

Niagara  Region

niagararegion.ca/seniors

Seniors Community Programs

RESPITE COMPANION PROGRAM



**Supporting people with
progressive dementia
and their care partners**

Niagara  Region

Keeping stimulated, maintaining a healthy lifestyle, living one day at a time and doing the things that you enjoy are just some of the ways to live well with Alzheimer's disease or related forms of dementia.



What does the program offer?

The program focus is to:

- Engage in activities that bring enjoyment, purpose and meaning to the individual's life
- Provide interactions that help prolong functioning, social connection and enhanced self-esteem which may decrease feelings of depression or loneliness
- Offer companionship, reassurance and supervision while the primary caregiver is otherwise engaged

Who is eligible?

This program is funded to provide support for older adults with a diagnosis of Alzheimer's disease or a progressive dementia. Clients must reside in the Niagara Region, have a Valid Health Card or eligible to receive an Ontario Health Card and be willing to allow a companion into their home.

If clients experience occasional challenging behaviours, we ask that they are able to respond well to our redirection. If clients require support with medication prompts it must be in a blister pack prepared by a pharmacy.

Clients should not have been deemed eligible for crisis placement in long term care by Ontario Health atHome.

Is there a cost?

A fee for service applies, please contact the Seniors Community Programs Intake line for accurate rates. Participants may be eligible for a reduced rate based on income. Ask for details when applying.

When is the program available?

Regular weekly scheduled visits are arranged based on the client's preference of days and times, up to a maximum of 20 hours per week (based on availability). The minimum length of any visit is three hours.