

What are Outreach Services?

Community Workers offer short-term service navigation support to older adults to help them stay safe and independent in their own home.

A Community Worker will provide service either in-person, over the telephone or online. Services are provided upon consent from the older adult. Community Workers can coordinate referrals on behalf of the older adult to improve safety, independence and quality of life.



Seniors Community Programs

- Adult Day Program
- Healthy, Safe and Strong Exercise Program
- Niagara Gatekeepers
- Respite Companion Program
- South Niagara Health and Wellness Centre
- Virtual Wellness Services
- Assisted Living

Seniors Community Programs

Niagara Region, Campbell East
1815 Sir Isaac Brock Way, PO Box 344
Thorold, ON L2V 3Z3

Office Hours: Monday - Friday
8:30 a.m. - 4:30 p.m.

905-984-2621

or toll free 1-877-212-3922

Program funding is supported
through Ontario Health

Niagara  Region

niagararegion.ca/seniors

Seniors Community Programs

OUTREACH SERVICES



**Promoting safety and
independence at home**

Niagara  Region

Helping older adults stay safe and independent in their own home



Seniors Community Programs Outreach Services

- Client Intervention and Assistance
- Supporting Independent Living
- Niagara Gatekeepers Program

Referrals to community services may include:

- Falls prevention through exercise (Healthy, Safe and Strong)
- Adult Day Program
- Respite Companion Program
- Meal services
- Specialized services such as Alzheimer Society and mental health services
- Transportation services
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Who is eligible?

Older adults 60+ with a valid Health Card or eligible to receive an Ontario Health Card or with age-related illness are eligible for these services.

Is there a cost?

Suggested service plan may result in fees.



How do I register?

Call Seniors Community Programs at **905-984-2621** or toll-free **1-877-212-3922**, 8:30 a.m. – 4:30 p.m., Monday – Friday.

A Community Worker from Seniors Community Programs will call or visit. Visits can be arranged at the senior's home or in an alternate location.

Please note: Seniors Community Programs is not an emergency service nor a direct housing provider.