# SENIORS FOR SENIORS



Our mature caregivers have the passion and experience to help seniors live independent and full lives.



- Companionship through friendly drop-in visits
- Live-in, 24/7 care
- · Overnight stays to keep loved ones safe
- Bedside companionship at hospitals and care facilities
- Alzheimer's and dementia support
- Home cleaning and indoor/outdoor handiwork
- · Driving assistance for errands and appointments
- · Pet and house sitting
- Respite care and hospice support





# **Seniors for Seniors Locations**

# **BARRIE & SIMCOE COUNTY**

705-719-1444

# **COLLINGWOOD**

705-444-1477

#### **GUELPH**

519-836-3893

# **HAMILTON & BURLINGTON**

905-572-6162

# KITCHENER, WATERLOO & CAMBRIDGE

519-585-0845

# **LONDON & SURROUNDING AREA**

519-433-5000

#### MISSISSAUGA. OAKVILLE & BRAMPTON

905-276-1140

# MUSKOKA

705-645-0199

# **NIAGARA & ST. CATHARINES**

905-937-3677

# **OSHAWA & DURHAM REGION**

905-434-5115

# OTTAWA, KINGSTON, BROCKVILLE & CORNWALL

613-627-3773

# **TORONTO & GTA**

416-481-2733

# **TOLL FREE**

1-844-422-7399

spectrumhealthcare.com/services/seniors-for-seniors



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