

**Monday - Friday**  
9:30 am - 4:00 pm

# Adult Day Program

## Are you...

A caregiver looking for support?  
Someone looking for a place to socialize,  
and have a fun-filled day of activities?

## Join us!

For a full day of activities catered to your needs!  
We support adults 18+ with all levels of cognitive and physical capabilities.  
We have four unique, engaging group programs!

## What People Are Saying

*We are so thankful that the St. Joseph's Villa ADP is able to provide a sense of community and belonging for our father, and as helpful as it is for our father, we as caregivers in our senior years are very blessed to have such wonderful people to give us a break and provide a spark of fun for dad.*

*The ADP is so valuable to our community in supporting positive mental health and social connections for seniors. We are so thankful for their compassion, support and welcoming inclusiveness for all attending the group.*



## To Learn More or Book a Tour:

- ☎ (905) 627 - 3541 ext. 2325      ☎ (905) 627 - 3541 ext. 2249
- ✉ [nhall@sjv.on.ca](mailto:nhall@sjv.on.ca)      ✉ [jcroy@sjv.on.ca](mailto:jcroy@sjv.on.ca)
- 🌐 [www.sjv.on.ca/community-services/adult-day-program](http://www.sjv.on.ca/community-services/adult-day-program)
- 📍 56 Governor's Rd. Dundas



**United Way**  
Halton & Hamilton

**St. Joseph's**  
Villa  Dundas



**Hamilton**